

# The Termon Times

MAY 2015

The Termon Complex  
Station St, Pettigo, Co Donegal  
071 98 61111  
[termoncomplex@gmail.com](mailto:termoncomplex@gmail.com)  
[www.termoncomplex.wordpress.com](http://www.termoncomplex.wordpress.com)

## TERMON FEST PETTIGO

22<sup>nd</sup> to 24<sup>th</sup> May

Fri 22nd May: Knockmore Ceili Band At 9pm  
All Ireland Ceili Band Champions 2014

Crowning of the 2015 Termon Queen or King



Sat 23rd May: Come Cook With Us At 7pm  
Fabulous Fusion of Cooking & Comedy!

Family  
Fun Day

Sun 24th May:  
Action Packed Family  
Funday At 3pm

Take Me Out Special  
The Farmer Wants a Wife!  
9.00pm Sun 24<sup>th</sup> May

Sun 24th May:  
Richie Remo At 10pm



The Complex offers a varied schedule of recreational classes, events and activities for all the family. Drop in for the latest information!

The Termon Complex, Station Street, Pettigo, Co Donegal. T: 07198 61111



European Union  
European Regional  
Development Fund  
Investing in your future



Donegal County Council  
Comhairle Contae  
Donegal



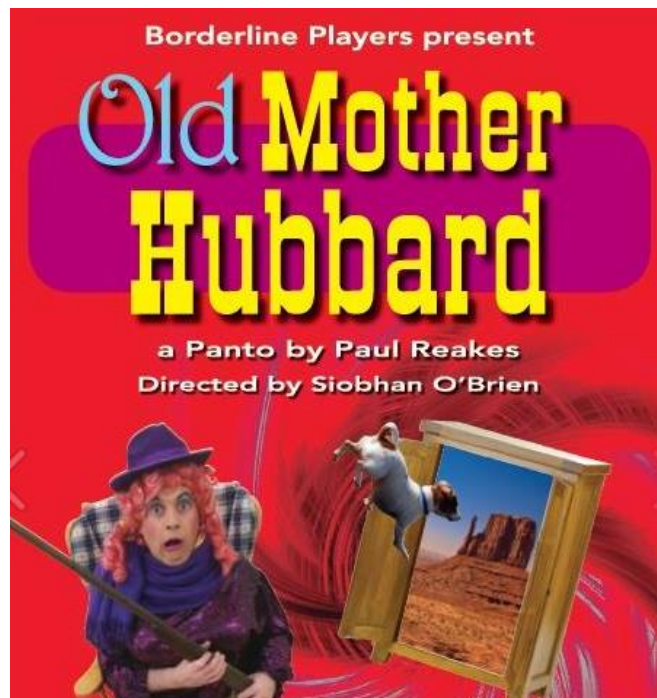
Donegal District Council  
Comhairle Contair  
Peice Mharaigh agus Oileán



RDOFT

The Termon Project has been funded by the EU's PEACE III Programme, managed by the Special EU Programmes Body.

All welcome to what promises  
to be a great weekends  
entertainment!



Sat 2<sup>nd</sup> May and Sun 3<sup>rd</sup> May at 7pm  
Book Now through  
The Termon Complex

Space Available to Hire

The Termon Complex is available to hire! We have a variety of meeting rooms, conference rooms and sports hall hire. Contact Katherine or Linda in the office to chat about your requirements



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# MAY WEEKLY CLASSES

Please sign up in advance for classes and minimum and maximum numbers will apply.

- Teen Bootcamp for Boys** – (13+) continues Monday 11<sup>th</sup> May for 3 weeks 7-8pm. €15.00 per person.
  - Pilates with Mairead (advanced) every** Thurs eve 7pm -8pm
  - Circuits with Darren** Wed nights 7.30pm
  - Fitties - Bootcamp**–Tues 11am & Fri 6.30pm
  - Drama with Siobhan O'Brien** Fridays 5-7pm children 7-8pm Teenagers – ongoing weekly
  - Badminton** Mon 6-8pm Wed 7.30-9.30 and Fri 6-8pm
  - Bowls** Tues 7-9pm & Fri 6-8pm
  - Kids Art** with Heather White Restarts Wed 6th May for 6 weeks. 5pm to 6pm €5pp materials provided
- Fitness classes are sold in monthly blocks**  
**Choose 1 class a week for 4 weeks for €25, take 2 classes a week for €40 (8 classes),**  
**take 3 classes a week for €50! (12 classes) Please sign up for your chosen classes as min and max numbers will apply. The tutors need to know who is coming!**

## 2 Day Horticulture Training in PolyTunnels on 7<sup>th</sup> May and 11<sup>th</sup> June

Day 1: Ground Prep, composting, propagation and plant selection.

Day 2: Planting, planning year round salad production

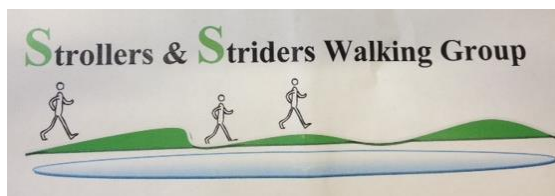
Open to all. €30 to participate on the 2 day course. Facilitated by experienced certified instructor.

## Termon Fitness Gym

Current times at time of printing are Monday to Friday 9.30am -9.00pm and Saturday 10.00am-6.00pm & Sunday 10.00am-3.00pm. Membership forms available. You must participate in an induction before using the Gym – whether you become a member or choose the Pay as you go option. Contact us for the next induction dates.



**Kids Art** with Heather White Restarts Wed 6th May for 6 weeks. 5pm to 6pm €5pp materials provided



The six week Sunday morning walks restart on Sunday 3<sup>rd</sup> May at 11 o'clock.

Meet at The Termon Complex. Everyone welcome. Every week a new walk with a qualified leader. A Cup of Tea afterwards to recover ☺

**EVERY WEDNESDAY 12.30-1.30pm**

**ONE TO ONE WEIGH-IN WITH CONSULTANT EVERY WEEK**

For more information Contact Irene: 086 456 3595

## The Pettigo & Tullyhommon Badminton Club

play on the following club

nights: Monday 8.00-10.00pm,  
 Wednesday 7.30-9.30pm, Friday  
 6.00-8.00pm. New Members  
 always welcome.

