

The Termon Times

March 2015

The Termon Complex
Station St, Pettigo, Co Donegal
071 98 61111
termoncomplex@gmail.com
www.termoncomplex.wordpress.com

Social Dancing

Sunday 8th March
3.00-5.00pm



Music by Paddy Kelly

ALL WELCOME

ADMISSION €5 REFRESHMENTS SERVED

FITNESS CLASSES Thank you to all the people who participated on the 8 Week Operation Transformation Program! Why not continue to come to our fitness classes? We sell them in monthly blocks

Choose 1 class a week for 4 weeks for €25,
take 2 classes a week for €40 (8 classes),
take 3 classes a week for €50! (12 classes)

Please sign up for your chosen classes as min and max numbers will apply. The tutors need to know who is coming!

- Monday 7.30pm Circuits
- Tuesday 11am Fitties Gym Bootcamp
- Tuesday 7pm Boxercise
- Wednesday 7.30pm Circuits
- Thursday 8pm Over 50's Keep Fit
- Friday 6.30pm Fitties Gym Bootcamp

Monthly Family Movie on Sunday

March 1st is **Frozen**

Come in your best **Frozen**

Outfit to win a family ticket for April Movie!



PAUL KELLY TERMON COMPLEX, PETTIGO Saturday March 14th

Before the amazing Paul Kelly and Band comes on stage we are holding a Jiving Competition

on the night with great prizes on offer!
1st, 2nd, 3rd and 4th prizes

Round One from 9.30pm-10.30pm.
Round Two from 11.00pm-12.00am

Admission to the night €15.00 per person, but Jiving Entrants can get tickets for just €10.00 per person



Borderline Players Old Mother Hubbard May Bank holiday Sat & Sun

MARCH CLASSES

Boxercise Tuesdays 7-8pm Block of one class a week €25 or choose a 2nd fitness class in the week for €40 for the month

Teen Bootcamp for Girls – (13+) starting Friday 6th - Friday 27th March at 5.30pm for 4 weeks. €20.00 per person.

Pilates with Mairead (advanced)

Thurs 7pm – ongoing weekly

Circuits with Darren Mon and Wed nights 7.30pm
Block of one class a week €25 or 2 classes a week €40

Fitties - Bootcamp—4 week Block €25 one class a week or 2 classes a week €40 Tues 11am, Fri 6.30pm

Drama with Siobhan O Brien

Friday 9th Jan 5-7pm children 7-8pm Teenagers – ongoing weekly

Yoga With Fiona Monday evening 8.30pm

Keep Fit Class for the Over 50's. Thursday evening 8.pm

The Termon Complex, Station St, Pettigo, Co Donegal
071 98 61111 termoncomplex@gmail.com



DATES FOR DIARY

**Easter Sunday
Funday**

A fun day out for all the family! Easter Egg Hunt Termon Bake Off with judges needed! Craft Fair & Farmers Market Easter Family Movie - HOP! Coffee Shop Open too & Lots more!!!!



Submit your baking in as many categories as you wish. Pay your entry fee €2 per category per adult / €1 per category per

teen/child. Judged anonymously by experts. Prizes awarded to Top Bakes in each Category. Then there is also a Public Vote. After the official judging members of the public can pay €5 for a tasting plate and sample a choice of bakes. They then vote on their favourite and we'll have an overall public vote winner too for the Termon Bake Off Champion!

CATEGORIES 6 Fruit Scones, Sponge Cake with Cream & Jam, A Chocolate Cake, 6 Decorated Cupcakes, 8 Biscuits, A Decorated Cake, Fruit Tart, Fruit Cake Open Category Your speciality! *Children, Teen and Adult Categories in each*

Whistlin Donkeys

Sun Night
April 5th



+++++

TERMON FEST 2015

Saturday May 23rd – Come Cook With Us
Sunday May 24th – Family Day and Craft Market
Sunday May 24th – Ritchie Remo

Movie – Good Friday Night

On Good Friday night, April 3rd we plan to show movie suitable for adults/teens Starts 8.30pm 21 Jump Street (rating 15A). A very funny comedy!

THANK YOU!

Art for children

We've just had a very successful series of Art Classes for Children with Heather White. We are delighted to say she is returning to us again. Dates to be confirmed

Basketball Thank you to Joseph Hale who ran a series of Basketball classes for us. We look forward to welcoming him back soon again!

Weekly Indoor Bowling

on Tuesdays 7.00-9.00pm with Qualified Coach.
€4 per person.
Adults only



BUBBLE FOOTBALL DAY SATURDAY
APRIL 11th – great craic assured!

Termon Fitness Gym

Current times at time of printing are Monday to Friday 9.30am -9.00pm and Saturday 10.00am-6.00pm & Sunday 10.00am-3.00pm. Membership forms available. You must participate in an induction before using the Gym – whether you become a member or choose the Pay as you go option.

Contact us for the next induction dates.

The Pettigo & Tullyhommon Badminton Club play on the following club



nights: Monday 8.00-10.00pm, Wednesday 7.30-9.30pm, Friday 6.00-8.00pm. New Members always welcome.

Website keep up to date with all that's happening.

www.termoncomplex.wordpress.com

Also find us on Facebook & Twitter!

