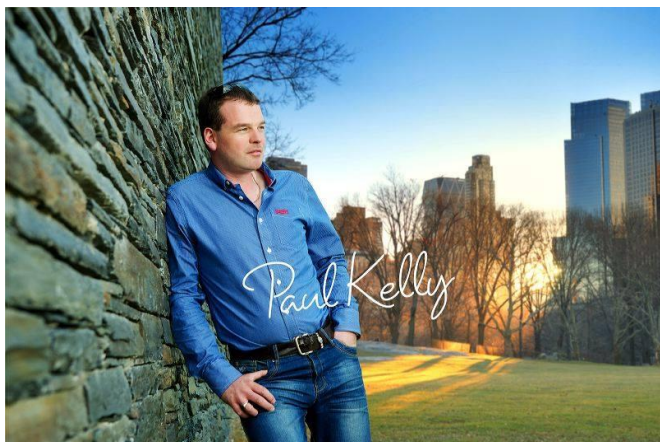


The Termon Times

Feb 2015

The Termon Complex
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www.termoncomplex.wordpress.com



PAUL KELLY TERMON COMPLEX SAT MAR 14th

Borderline Players

Save the date now Borderliners! Delighted to announce that Borderline Players Generation 2.0 will be unveiled on Saturday 28th February with a preview performance of Sam Cree's 'Wedding Fever'.

This hilarious comedy has something for all ages, and will take to the stage in the Termon Complex at 8:30pm



COMING SOON: Old Mother Hubbard
May Bank Holiday Weekend

Monthly Family Movie

Sunday Feb 1st at 2pm.

It's the LEGO MOVIE!



FEBRUARY CLASSES in The Termon Complex

Pilates with Mairead (advanced)

Thurs 7pm – ongoing weekly

Circuits with Darren February Mon and Wed nights
7.30pm Block of one class a week €25 or 2 classes a week €45

Fitties - Bootcamp– February 4 week Block €25 one class a week Tues 11am, Fri 5.30pm Fri 6.30pm

Keyboard with Olive Rowe

4 week Introduction to Keyboards Course For Children 8-12 years old. Starts Thursday 5th Feb 2015 6.00-7.00pm in The Termon Complex Cost €25. For children 8-12 years old. Own keyboard not necessary. Get a taster of learning the keyboard and see if you have a flair for it. You will learn the basics and how to read music plus learn a song. Only 6 places Book a spot today by calling us 0719861111. Tutor is Olive Rowe ALCM, LLCMTD who is a qualified music teacher with 45 years' experience.

Art with Heather White for children

Wednesdays 5pm to 6pm €5pp materials provided for children

Drama with Siobhan O'Brien

Friday 9th Jan 5-7pm children 7-8pm Teenagers – ongoing weekly

Yoga With Fiona Monday evening 8.30pm

Keep Fit Class for say the Over 50's. Thursday evening 8.00pm starting Feb 5th for 4 weeks Contact the Termon Complex to let us know you are interested. We need 6 people to run it. A block of 4 weeks in February would be €25 or €7.50 pay as you go

Basketball Weekly Kids (8+) Basketball Group starting Wed 21st Jan 6.30-7.30pm €20 for 8 weeks or €3pay as you go. Trainer Joseph Hale, Enniskillen Basketball Club



Termon Complex Operation Transformation 2015 Continues

- Join in with up to 3 weekly fitness classes in The Termon Complex (Mon 7.30pm, Tues 11am, Wed 7.30pm)
- Have a free gym induction
- Make use of fully equipped Gym any time during the 8 weeks
- Participate in weekly group walks. Currently organising some leaders to facilitate this. Will be at various times in the week.
- A weekly private weigh in by leader Tues 10am or Fri 7.30pm (you need to book a time slot for this)
OR Weigh in anytime yourself in Gym
- Before & After measurements & photos (optional)
- Food diaries & tracker sheets printed out for you from the TV programme



COST: €10 per week

Termon Fitness Gym

Current times at time of printing are Monday to Friday 9.30am -9.00pm and Saturday 10.00am-6.00pm & Sunday 10.00am-3.00pm. Membership forms available. You must participate in an induction before using the Gym – whether you become a member or choose the Pay as you go option.

Contact us for the next induction dates.



Space Available to Hire

Are you looking for a venue to hold a training course, a seminar, an exhibition, a conference, or even a small meeting? The Termon Complex has a variety of spaces that may be suitable to your needs.



- Small Meeting room suitable for groups of up to 10
- Larger Meeting room suitable for groups of up to 20
- Conference Room area suitable for groups up to 50 seated.
- Conference Room also ideal for training sessions of 8+ needing space to move around.
- Main Hall (large basketball court size) suitable for exhibitions or large conferences
- Multi use Main Hall is available for a wide variety of options. You can hire the space for sports, for classes, for events, for conferences, for dances, for functions, for parties, for anything!
- Photocopying and printing services available in The Complex
- Wifi available
- Main hall can be turned into a Black Box Theatre with retractable tiered seating for 198, perfect for a seminar/talk
- Seating for up to 300 available throughout the complex in whatever combination you need
- Flip chart, projector and screen available
- Canteen Facilities
- Catering can be arranged
- All Wheelchair Accessible
- Contact us in The Termon Complex. Speak to Katherine or Linda about what options would suit your group best. Prices available as hourly rates, half days, or full days

DATE FOR DIARY

Whistlin Donkeys

Sun April 5th



The Pettigo & Tullyhommon Badminton Club

play on the following club nights:

Monday 8.00-10.00pm,

Wednesday 7.30-9.30pm,

Friday 6.00-8.00pm. New Members always welcome.



Website keep up to date with all that's happening.

www.termoncomplex.wordpress.com

Also find us on Facebook & Twitter!

