# The Termon Times

The Termon Complex Station St, Pettigo, Co Donegal 071 98 61111

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## Halloween Discos for Primary Children and for Secondary Students

Friday 31st October

Primary School Children 6-8pm

Secondary School Students 9-12pm



€5 pp 4 Fancy Dress Optional - Prizes for Best!

## The Logues



Friday 3rd October 2014

Doors open 9.00pm Music 10.30pm

Admission €10

#### **Guitar Course**

A 10 week Guitar Course starts Wednesday 17th Sept 2014. One class for kids 10+ 6.00-7.00pm and one class for adults 7.00-8.00pm. Hold a spot with a deposit of €20. Cost is €100 but will be further subsidised by AdoPT depending on numbers attending. Minimum

numbers required. Run by the Balor Theatre.

## **Termon Kitchens**

Thank you to Alison & Dara from The Cowshed Studios for hosting The Termon Tea Rooms in August there. It was lovely to have you! A new lease is now available for our kitchen/coffee shop area and if there are any interested parties they are welcome to come in to discuss further with us.

## **FIRST AID**

We are hosting an Occupational First Aid & Defibrillator Course Fetac Level 5. It is a 3 day course and there will be a fee of €150pp



Tues 23<sup>rd</sup> Sept, Tues 30<sup>th</sup> Sept & Tues 7<sup>th</sup> Oct 2014 9.30am – 5pm

Refreshments included.

Any interest please get in touch with us. A deposit of €20 will secure your place

### Children's Soccer

FAI Soccer Coaches from Copany Rovers
Laghey will be holding a weekly soccer skills



course in The Termon Complex for 8-12 year olds. €2 per child on a Saturday Morning 10-11am.

(outdoor if weather good, indoor if weather poor)

## Termon Fitness - Gym

The Gym is open. Current times at time of printing are Monday to Friday 9.30am -9.00pm and **NEW WEEKEND HOURS Saturday & Sunday 10.00am** 



**3.00pm.** Membership forms available. You must participate in an induction before using the Gym – whether you become a member or choose the Pay as you go option. Contact us for the next induction dates.







Do you have a laptop or tablet and don't know how to use it properly? We have a beginners computer class lined up for you so. Bring along your own laptop or tablet and attend 2 x 2 hour classes and ask all those questions you want to know.....

How to write a letter?
How to go on the internet?
How to send an e-mail?
How to do on-line banking or on-line shopping?
How to use facebook?
How to Skype?

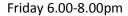
And many more, no question is a silly question! We are gathering groups of 8 people to do this. Funding available. Dates not fixed yet, so let us know when suits you. Contact Linda in the office to find out more.

## **BADMINTON!**

The new Pettigo & Tullyhommon Badminton Club play on the following club nights:

Monday 8.00-10.00pm

Wednesday 7.30-9.30pm





An Adult Club Member can attend any or all of these nights for €2 pp per night. A Juvenile Club Member can attend WITH an Adult member responsible for them on any of these nights for €1pp per night (Parent/Guardian). A new Juvenile ONLY club is starting on a Wednesday eve from 6.30-7.30pm only. New Juvenile members can attend this after paying their €20 membership and €1 thereafter. This club will be supervised by adult members of the club. They do not need a Parent/Guardian to attend this. This is for the Wednesday hour only. Juveniles are not allowed on the other night without a supervising adult member. Juvenile is a secondary school student. Juvenile membership fees €20 for the year plus €1 any time they attend. Adult membership fees €50 for the year plus €2 any time they attend.

Adults who are not members can attend a club night for a trial guest session for €5 but they can only attend 4 guest sessions in the year.

## Football!

Indoor goalposts and indoor footballs have arrived and the sports hall is available for hire!

#### Basketball!

The Basketball hoops are also up Court is now ready



Basketball court or indoor football pitch available for €40 per hour. Discounts for block bookings. MUGA pitch also available to hire €20 per hour (€30 per hour with floodlights). Changing rooms, shower facilities and lockers available to use. Just contact us to book any free time slot!

## **Fitness Classes**

We are running fitness classes on a Monday & Wednesday Evening with Darren and a Tuesday morning & Friday evening with Marcella. If you've booked a block of classes you can join a second class in the same week with a discounted rate. Also Pay as you Go Options too. Contact us for any details!

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## Space Available to Hire

The Termon Complex is available to hire! We have a variety of meeting rooms, conference rooms and sports hall hire.







Contact Katherine or Linda in the office to chat about your requirements

In the pipeline.... GAA Dinner Dance, Teenage Pilates & Kids Drama... plus loadsmore to come!

Website keep up to date with all that's happening. www.termoncomplex.wordpress.com

Also find us on Facebook & Twitter!



